

You Can Learn Reiki for Healing Self and Others

Margaret Dexter of Reiki Chattanooga teaches Reiki
as a method of self healing and a way of life.

“The system of Reiki is for everyone, each child, teenager, adult and wise one can benefit from drawing more Ki through them to strengthen and cleanse their inner core.” ...The Japanese Art of Reiki, Bronwen and Frans Stein, p. 168.

Reiki is taught in three levels or degrees: Shoden, Okuden and Shinpiden. Shoden means “first teachings”, Okuden “inner teachings” and Shinpiden “mystery teachings.”

Level I: Shoden

February 11-12, 2012: Shoden stresses personal spiritual development and includes meditation and breathing techniques to increase the flow of ki in your body. Healing of self, animals and others for non-professional use is also taught. Tuition: \$200

Level II: Okuden

Dates to be Announced: Okuden stresses continued spiritual growth and training in "hands on" healing needed to work as a Reiki II Practitioner. Distant healing for people and animals is also taught. Tuition: \$250

Level III Shinpiden

March 23-25, 2012. Shinpiden is also known as Reiki Master or Reiki Teacher Training although many students take Shinpiden for their own personal and spiritual growth. This three day workshop focuses on furthering personal development and the passing of the system of Reiki on to others. Tuition: \$750

Margaret Dexter, founder of Reiki Chattanooga has studied Reiki since 1986 with a number of different Reiki teachers in various traditions or lineages of Reiki. She has previously completed level III Reiki three times in three different lineages of Reiki and is studying Reiki III with Frans Stiene this week.

Margaret has taught Reiki since 1995 and now teaches Reiki in the Japanese tradition. She invites you to join her in a Reiki workshop so she may share Reiki with you. She also offers private Reiki treatments and consultations for people and animals. Please visit her website at www.ReikiChattanooga.com for additional information.

Margaret’s workshops are taught in a private home in the north Chattanooga area. All workshops are small allowing plenty of time for questions and individual attention.

For additional information or to register for a Reiki workshop, please visit www.ReikiChattanooga.com or give Margaret a call at 423-266-6006